






# MANOTICK PLACE RETIREMENT COMMUNITY

## MAY ACTIVITY CALENDAR 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p><b>MANOTICK PLACE</b> RETIREMENT COMMUNITY</p>		 <p><b>OPEN HOUSE CELEBRATION</b> May 5 from 2-4 pm Live Music &amp; Great Food</p>	<p>1 8:30 Coffee &amp; News 9:30 Shopping to Billings Bridge 9:30 Java &amp; Jazz 11:30 Exercise Class 1:30 Music &amp; Ballet 1:45 iPad Basics 3:00 Book Club 4:00 Trivia Challenge</p>	<p>2 9:15 Gentle Fitness 9:15 Jeopardy 10:15 Active Fitness 10:30 Big Crosswords 1:30 Euchre 1:45 Matinee Movie 2:30 Pass the Ace 4:00 Latin Dancing 6:30 Pub Night</p>	<p>3 9:30 Art Class 9:30 Shopping in Manotick 9:30 Current Affairs 11:00 Brain Games 11:30 Exercise Class 1:30 Bingo 2:30 Birds of a Feather 3:30 Social Hour Bubbly</p>	<p>4 10:00 Bingo 1:15 Bridge 1:30 Euchre 1:45 Matinee Movie 2:30 Tea &amp; Talks 6:30 Evening Movie</p>
<p>5 8:30 Sunday Mass Channel 800 9:00 Scrabble 1:45 Matinee Movie 2:00 – 4:00 pm 5th Anniversary Open House Celebration</p>  <p>6:30 Evening Movie</p>	<p>6 9:15 Gentle Fitness 9:45 Active Fitness 10:00 Hearing Freedom Clinic 10:00 Chair Yoga 10:30 Knitting Circle 11:30 St. Alberts Cheese Factory Tour 1:30 Looney Bingo 2:15 Euchre 3:30 Musical Mondays 6:30 Movie Night</p>	<p>7 9:15 Gentle Fitness 10:00 Flour Power 10:15 Active Fitness 11:00 Big Crosswords 1:45 Rosary &amp; Gospel 2:30 Afternoon Tea 4:00 Bingo 6:30 Euchre</p>	<p>8 8:30 Coffee &amp; News 9:00-12:00 Car Fit Clinic (Garage) 9:30 Shopping Giant Tiger 9:30 Java &amp; Jazz 11:30 Exercise Class 1:30 Music &amp; Ballet 1:45 iPad Basics 3:00 Reminisce 4:00 Trivia Challenge</p>	<p>9 9:15 Gentle Fitness 9:15 Jeopardy 10:15 Active Fitness 10:30 Big Crosswords 1:30 Euchre 1:30 Village Walks 1:45 Matinee Movie 2:30 Pass the Ace 4:00 Latin Dancing 6:30 Pub Night</p>	<p>10 9:30 Art Class 9:30 Shopping in Manotick 9:30 Current Affairs 11:00 Brain Games 11:30 Exercise Class 1:30 Bingo 2:30 Birds of a Feather 3:30 Social Hour Bubbly</p>	<p>11 10:00 Bingo 1:30 Bridge 1:30 Euchre 1:45 Matinee Movie 2:30 Tea &amp; Talks 6:30 Evening Movie</p>
<p>12</p>  <p>9:00 Scrabble 11:30-2pm Mother's Day Brunch 1:45 Matinee Movie</p>	<p>13 9:15 Exercise Class 10:30 Knitting Circle 1:30 Looney Bingo 2:15 Euchre 3:30 Musical Mondays 6:30 Movie Night</p>	<p>14 9:30 Music &amp; Ballet 10:00 Flour Power 11:00 Big Crosswords 1:45 Rosary &amp; Mass 1:45 Matinee Movie 2:30 Tulip Tea 4:00 Bingo</p> 	<p>15 8:30 Coffee &amp; News 9:15 Gentle Fitness 9:30 Shopping Kemptville 9:30 Java &amp; Jazz 10:00 Active Fitness 1:30 Music &amp; Ballet 1:30 Euchre 3:00 Armchair Travel Documentary to Austria 4:00 Trivia Challenge</p>	<p>16 9:15 Jeopardy 10:30 Big Crosswords 1:30 Euchre 1:30 Village Walks 1:45 Tulip Festival Bus Tour 1:45 Matinee Movie 3:00 Hymn Singing 4:00 Latin Dancing 5:00 5th Anniversary Dinner &amp; Dance</p>	<p>17 9:30 Art Class 9:30 Shopping in Manotick 9:30 Current Affairs 11:00 Brain Games 11:30 Exercise Class 1:30 Community Bingo 2:30 Birds of a Feather 3:30 Social Hour Bubbly</p>	<p>18 10:00 Bingo 1:30 Bridge 1:30 Euchre 1:45 Matinee Movie 3:00 Kay on the Piano</p>

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<p>19 8:30 Sunday Mass Channel 800 9:00 Scrabble 1:45 Matinee Movie 2:30 Tea &amp; Talks</p>	<p>20 10:30 Knitting Circle 1:30 Looney Bingo 2:15 Euchre 6:30 Movie Night</p> 	<p>21 9:30 Music &amp; Ballet 10:00 Tulip Festival Bus Tour 10:00 Flour Power 11:00 Big Crosswords 1:45 Rosary &amp; Gospel 2:30 Town Hall Meeting 4:00 Bingo</p>	<p>22 8:30 Coffee &amp; News 9:15 Gentle Fitness 9:00 Java &amp; Jazz 9:30 Shopping to Barrhaven 10:00 Active Fitness 1:30 Music &amp; Ballet 2:00 Matinee Movie 2:00 Euchre 4:00 Trivia Challenge 6:30 Manotick School of Music performance</p>	<p>23 9:15 Gentle Fitness 9:15 Jeopardy 10:15 Active Fitness 10:30 Big Crosswords 1:30 Euchre 1:30 Village Walks 1:45 Matinee Movie 2:30 Pass the Ace 4:00 Latin Dancing</p>	<p>24 9:30 Art Class 9:30 Shopping in Manotick 9:30 Current Affairs 11:00 Brain Games 11:30 Exercise Class 1:30 Live Music 2:30 Birds of a Feather 4:00 Bingo</p>	<p>25 10:30 Bingo 1:30 Euchre 1:45 Matinee Movie 2:00 Euchre 2:30 Tea &amp; Talks</p>
<p>26 8:30 Sunday Mass Channel 800 9:00 Scrabble 1:45 Matinee Movie 2:30 Tea &amp; Talks</p>	<p>27 9:15 Exercise Class 10:30 Knitting Circle 1:30 Looney Bingo 2:15 Euchre 3:30 Musical Mondays 6:30 Movie Night</p>	<p>28 9:30 Music &amp; Ballet 10:00 Tulip Festival Bus Tour 10:00 Flour Power 11:00 Big Crosswords 1:45 Rosary &amp; Gospel 2:30 Ice Cream on the Patio 3:00 Green Thumbs Club 4:00 Bingo</p>	<p>29 8:30 Coffee &amp; News 9:15 Gentle Fitness 9:00 Java &amp; Jazz 9:30 Shopping Carlingwood Mall 1:30 Music &amp; Ballet 2:00 Matinee Movie 2:00 Euchre 3:00 Health Talk 4:00 Trivia Challenge 6:30 Scrabble</p>	<p>30 9:15 Jeopardy 10:30 Big Crosswords 11:00 Ecumenical Service 1:00 Papa Jacks Popcorn Factory Tour 1:30 Euchre 1:45 Matinee Movie 2:30 Pass the Ace 4:00 Latin Dancing 6:30 Pub Night</p>	<p>31 9:30 Art Class 9:30 Shopping in Manotick 9:30 Current Affairs 11:00 Brain Games 11:30 Exercise Class 1:30 Bingo 2:30 Birds of a Feather 3:30 Birthdays &amp; Bubbly</p>	<p><b>Dining Hours</b></p> <p><b>Breakfast</b> 7:30 – 9:30 am</p> <p><b>Lunch</b> 11:45 – 1:30 pm</p> <p><b>Dinner</b> 4:45 – 6:30 pm</p>

Call us at **613-692-2121** to schedule your personal visit of  
**Manotick Place Retirement Community**  
 Reserve today, limited spaces available.



Looking for transportation?  
 Contact ROSSS – Rural Ottawa South Support Services at 613-692-4697