



# Menu

## BREAKFAST

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Eggs cooked any style, served with your choice of Bacon, or Sausage, Home Fries.

Hot and cold Cereals, Fresh Fruit, Toast, Bagels or English Muffins, Juices, Coffee and Tea

## LUNCH

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Homemade Soup of the Day, Fresh Garden Salad,

Smoked Salmon with Cream Cheese on a Bagel with Dill.

## DINNER

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Homemade Soup of the Day, Fresh Garden Salad,

Beef Wellington, Roasted Potatoes and Vegetable Medley

Homemade Soup of the Day, Tilapia seasoned with

Citrus Pepper, Roasted Potatoes and Vegetable Medley

## ALTERNATIVE MENU

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A la Carte choice available upon request



MANOTICK PLACE  
RETIREMENT COMMUNITY

